

Adverse Childhood Experiences in Dakshina Kannada:

A Mixed-Methods Study on Parent-Teacher- Child Triads in Addressing Adolescent Wellbeing- A Pilot Study

We are working with schools to study Adolescents' Adverse Childhood Experiences (ACE) during the COVID-19 pandemic. COVID-19 has been humanity's most significant public health challenge in the 21st century. There is awareness of the adverse academic outcomes due to school closures. However, there is little discussion on the adverse childhood experiences of children who have experienced enormous stress due to several experiences like mortality & morbidity amongst parents/relatives, losses in employment and education, lack of recreational activities and effects on mental health. Our sequential mixed-methods study will study the prevalence of adverse childhood experiences amongst adolescents. The quantitative phase of the study will involve administering three surveys- A-CHES, Connor-Davidson Resilience Scale (CD-RISC) and SDQ scale. For the qualitative part of the pilot study, will include in-depth interviews, focus group discussions and participatory activities such as photovoice.

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